
Exhibition

The Shapes of Maladaptive Daydreaming

Rules and Waiver

Part 1 - Project Specifications

For display purposes, the artwork must conform to one of these two standard formats:

- **A3 format – 29.7 x 42 cm (i.e., twice the size of a standard printer sheet)**
- **35 x 50 cm format**

The artwork must not exceed a maximum weight of **300 g**

The following techniques are **accepted***: drawing, painting, collage, photography, poetry**.

* If you prefer a technique not listed here, please email info@maladaptivedaydreamingitalia.com to determine whether it is eligible

** To ensure consistency in the exhibition, poetry submissions must adhere to the templates provided on the Association's website.

Part 2 - Registration and Participation

To participate in the exhibition, you must register online using the designated form; when registering, please upload a signed copy of these rules.

The artwork **must** be accompanied by an identification form; the form template is available on our website. It must be filled out with the artist's name and the title of the artwork and must be affixed to the back of the artwork itself to ensure it can be identified at all times.

Registration can also be completed before the work is submitted.

You may submit up to 3 works, even using different techniques.

Submissions must be sent by **September 21, 2026** to the address provided on the website. The postmark will serve as proof of the submission date.

The cost of shipping and any printing costs are responsibility of the artist.



Frames are not provided. If desired, you may create a paper mat, ensuring it does not exceed the maximum dimensions of the chosen format.

Pickup is available only in person, within one week of the day the exhibition is taken down. Any works not picked up will be considered donated.

Part 3 - Use of Images and Release Form

The selection of which works to exhibit is at the sole discretion of the Maladaptive Daydreaming Italia Association.

This selection may depend on a variety of factors: the number of works received, the relevance of the work to the theme, and appropriateness (works may be excluded if deemed offensive, in accordance with the principles of our statute.

Participants submitting multiple works may indicate a preferred order in which they would like them to be displayed.

By registering for the exhibition, the artist authorizes the Maladaptive Daydreaming Italia Association to photograph, reproduce, and publish images of the submitted works.

The use of the images is granted entirely free of charge by both parties, without any time or space limitations, for the purposes of communication, promotion of the event, publication on the Association's website and related social media channels, as well as for the possible creation of catalogs or informational materials. In every instance of use or publication, the Association undertakes to always clearly indicate the name of the artist.

The author declares that they are the sole owner of all rights to the work and guarantees that it does not infringe upon the rights of third parties, thereby releasing the Association from any claims or requests for compensation.

First and Last Name (in block letters)

Email

Date

Signature